

# SIZING

## HELMET SIZING

SIZE	U.S. HAT SIZE	CIRCUMFERENCE	
		INCHES	CENTIMETERS
X-SMALL	6 5/8 - 6 3/4	20 7/8 - 21 1/8	53 - 54
SMALL	6 7/8 - 7	21 5/8 - 21 7/8	55 - 56
MEDIUM	7 1/8 - 7 1/4	22 1/2 - 22 5/8	57 - 58
LARGE	7 3/8 - 7 1/2	23 1/4 - 23 1/2	59 - 60
X-LARGE	7 5/8 - 7 3/4	24 - 24 1/4	61 - 62
2X-LARGE	8	24 3/4 - 25	63 - 64
3X-LARGE	8 3/4	25 1/4 - 25 3/4	64 - 65
4X-LARGE	9	26 - 26 1/4	66 - 67

## YOUTH HELMET SIZING

SIZE	U.S. HAT SIZE	CIRCUMFERENCE	
		INCHES	CENTIMETERS
YOUTH SMALL	6	18 1/8 - 18 7/8	47 - 48
YOUTH MEDIUM	6 1/8 - 6 1/4	19 1/4 - 19 5/8	49 - 50
YOUTH LARGE	6 3/8 - 6 1/2	20 - 20 1/2	51 - 52

## GENERAL SIZING

MENS	X-SMALL	SMALL	MEDIUM	LARGE	X-LARGE	2X-LARGE	3X-LARGE
CHEST	34 - 36	36 - 38	39 - 41	42 - 44	45 - 47	48 - 50	52 - 54
SLEEVE	27	28	30	32	34	36	36
WAIST	30	32	34	36	38	40	42
INSEAM	29	30	31	32	33	34	34
GLOVES	7	8	9	10	11	12	13
WOMENS	X-SMALL	SMALL	MEDIUM	LARGE	X-LARGE	2X-LARGE	
CHEST	30	32	34	36	38	40	
SLEEVE	24	26	28	30	32	34	
WAIST	28	30	32	34	36	38	
INSEAM	29	30	32	34	36	38	
GLOVES	5	6	7	8	9		

### HEAD:

Measure circumference of head just above top of ears and eyebrows

### CHEST:

Measure under arms, around the fullest part of the chest. Keep tape level across back, comfortably loose.

### WAIST:

Measure around natural waist with a loose tape.

### INSEAM:

Without shoes, measure inside of leg, from groin to floor.

### SLEEVE:

With arm fully extended, measure center back of neck at the spine to the wrist bone.

### HAND:

Measure around your dominate palm at the widest point.

